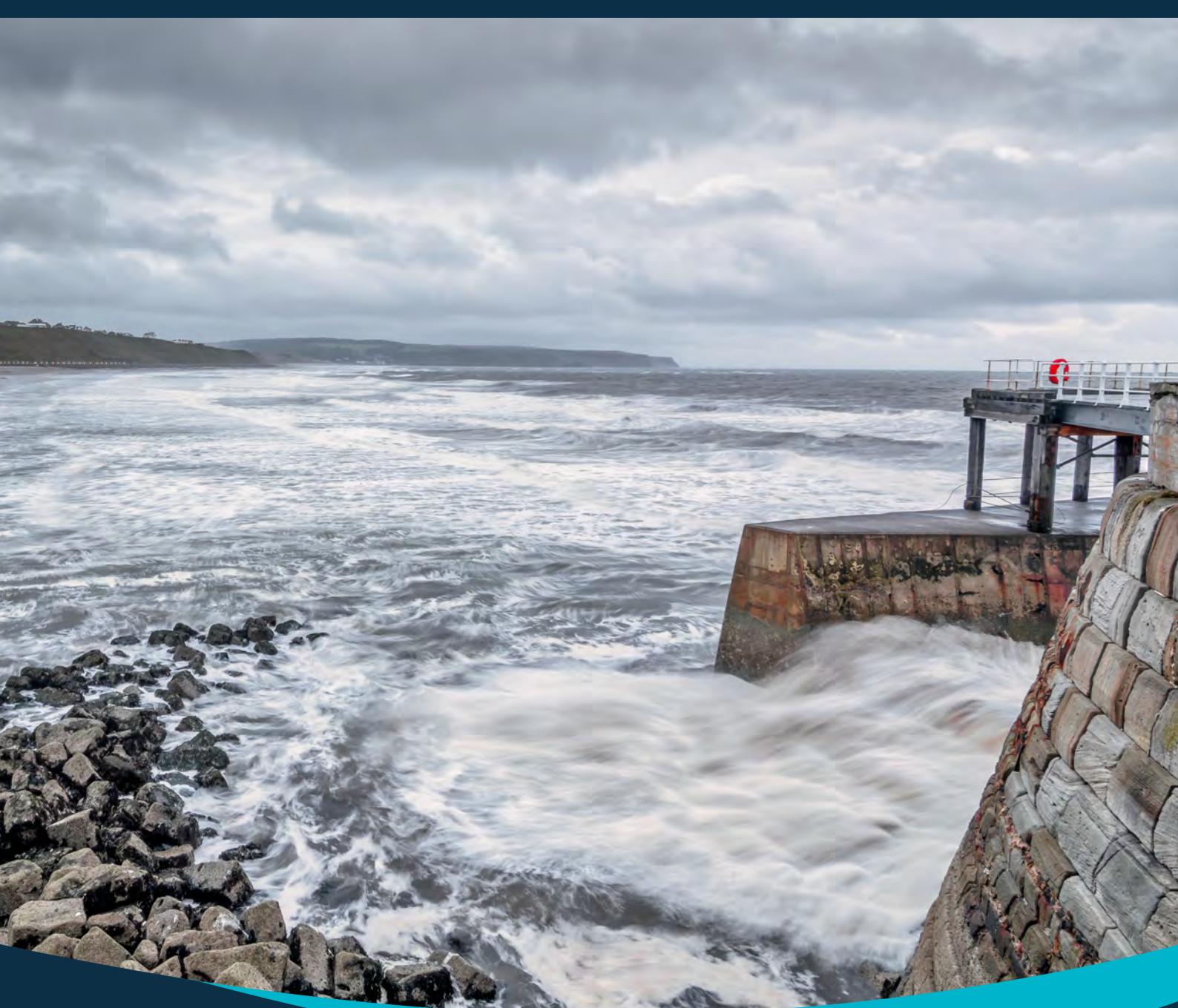




Whitby School  
Ad finem terrae

# newsletter

ISSUE 51





## HEAD OF SCHOOL'S WELCOME



It was wonderful to see so many of our Year 9 pupils and their parents and carers at the Options Evening on Wednesday. These events are always a valuable opportunity to come together, ask questions and reflect on the important decisions students begin to make at this stage of their education. During the evening, we explored our broad and diverse curriculum and discussed the importance of balance as pupils move into the next phase of their learning journey.

Our core subjects play a vital role in preparing pupils with the knowledge, skills and qualifications they will need for future study and beyond. At the same time, we strongly encourage pupils to explore their interests, talents and creativity. A rich and balanced curriculum helps young people to grow in confidence, curiosity and resilience, and our newsletters showcase fantastic examples of that creativity in action.

Perhaps fittingly, this week also included 'National Lego Day' – a reminder that learning, problem-

solving and creativity often go hand in hand. Whether through the arts, design, performance or practical subjects, we are proud to see our pupils thinking imaginatively, working collaboratively and enjoying their learning.

I also promised to write to you about our next Parent Forum, and I am pleased to confirm that it will take place on **Tuesday 10 February, from 4.00pm to 6.00pm**, in the **Sixth Form Centre** on the Prospect Hill site. This is an important opportunity to share ideas, strengthen our partnership with families and discuss matters that are important to our school community. It would be wonderful to meet with as many of you as possible.

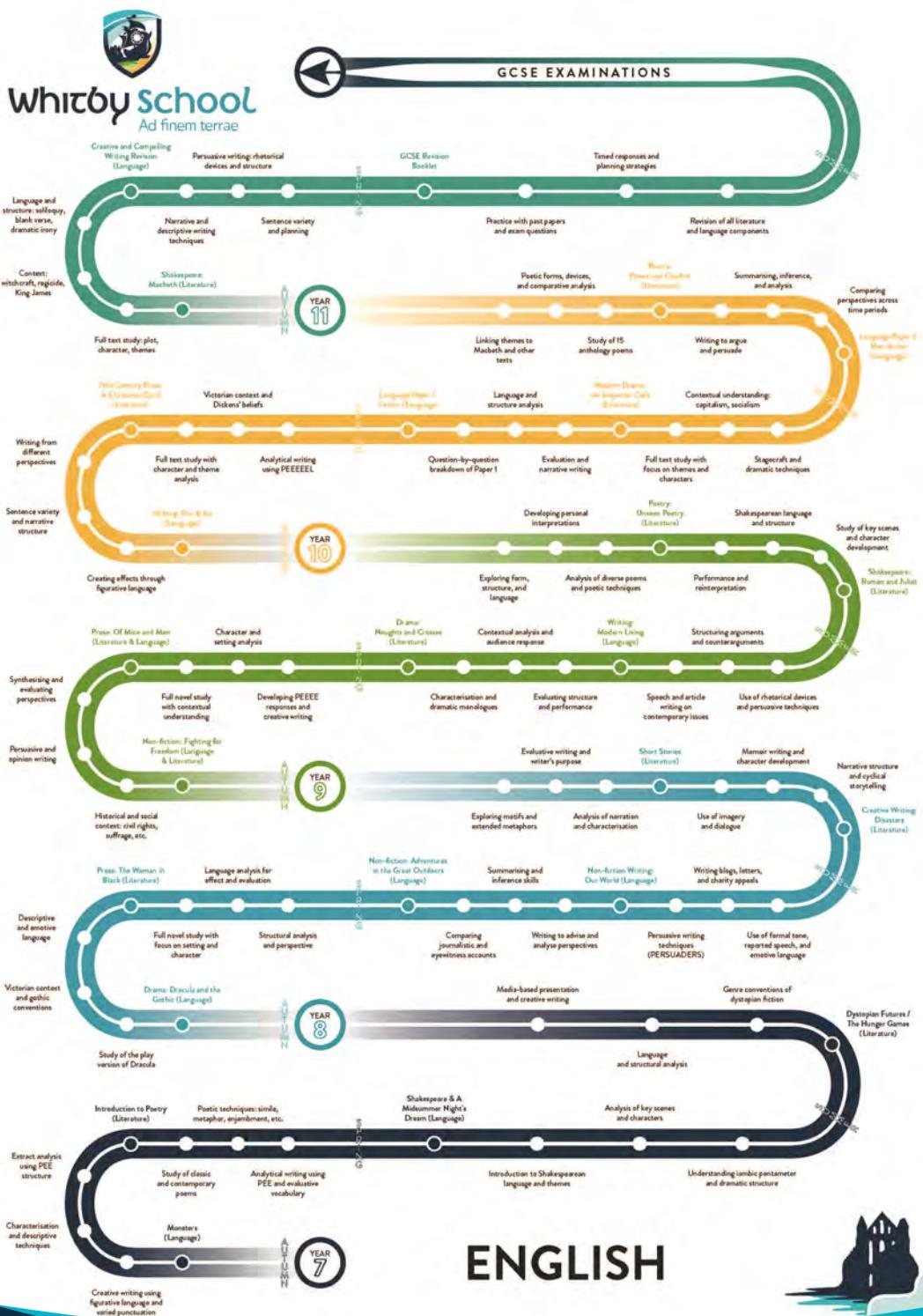
Thank you, as always, for your continued support.

*With very best wishes,  
Miss Caddell*





## OUR CURRICULUM LEARNING JOURNEYS





# YEAR 9 BATTLE OF THE BANDS 2026

On Monday 19 January, we held our eagerly anticipated and third annual Year 9 Battle of the Bands, where each tutor group took to the stage to perform and compete for the coveted title!

**“It was great seeing all the other groups and what they had been doing; I didn’t know what instruments some of the others could play!”**

In the autumn term of Year 9, pupils all have the opportunity to have a go at trying out various instruments in their music lessons as part of their curriculum - drumkit, electric guitar and bass, in addition to continuing with keyboard and vocal skills. They then decide which to focus on for the Battle of the Bands project from late October and work on preparing a bespoke class performance of their chosen song. This year’s theme was ‘Britpop’, with the class bands preparing well known songs from the 1990’s such as ‘Country House’ and ‘Girls and Boys’ by Blur. Unlike the infamous battle between the two Britpop

**“Year 9 have so many drummers and guitarists”.**

giants Blur and Oasis however, it was an Oasis song that won the challenge at Whitby School this year, with 9T2’s version of ‘She’s Electric’.

Each group was welcomed on stage by two pupils who were from a previously winning group in 2024, Molly and Safi. Thank you to them and also to our Year 12 judges, Nathan, Ben and Jack.

To get up and perform in front of your whole year group is no easy task, let alone for many who were playing instruments or singing as a very small group that they had only been doing for a few weeks, once a week in class. Everyone in the audience was being so respectful of one another too throughout the performance. There have been so many positive comments from our Year 9 pupils and the teachers who were present at the event, praising one another for their part in their band and what they achieved.

**“It wasn’t as scary as I imagined it would be; I actually really enjoyed the performance”.**





# EXAM SUCCESS... REVISION TECHNIQUES THAT WORK!

## TIMED PRACTICE

Practising in timed conditions helps teens feel comfortable working under pressure. It trains their memory to recall information quickly and builds the focus needed for longer exams. The more they practise in realistic exam settings, the more confident and prepared they'll feel when the real thing comes around.

### How you can help:

- encourage short, timed questions during the week and a full paper at the weekend
- set up real exam conditions - clock on the desk, phones off, and a quiet space
- try to match practice times to real exam start times (eg, 9.00am or 1.30pm)
- after each session, chat about how it went and look at mark schemes together to spot areas for improvement.

## PLAY THE STUDENT

Encourage your teen to teach you a topic they've been revising. Explaining it in their own words helps them notice what's clear and what still needs work. It's a great way to build confidence and turn memorising into real learning.

### How you can help:

- ask your teen to explain a topic as if you've never heard it before - it helps them break ideas down clearly
- encourage them to use examples to make their explanation stronger
- if they really struggle, suggest they check their notes; if their answer feels vague, ask them to expand or give another example.





## BRAIN DUMPS

Ask your teen to write down everything they can remember about a topic - no notes allowed. This helps them practise recalling information from memory, just like they'll need to in the exam. Seeing what's missing shows them exactly where to focus next.

### How you can help:

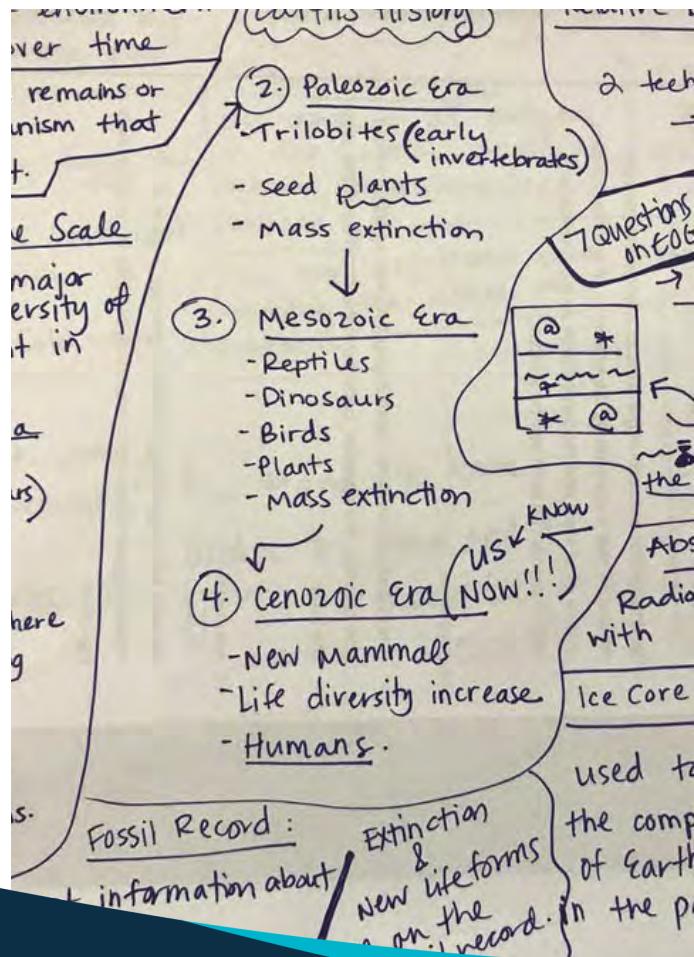
- encourage them to redo the same topic a few days later to see what's changed
- encourage them to revisit their brain dump with their notes or textbook, adding anything they missed in a different coloured pen so the gaps stand out
- keep sessions short 5 to 10 minutes works well.

## FLASH CARDS AND SELF TESTING

Flashcards make revision active and focused. They help teens recall information quickly and keep studying manageable through short, bite-sized sessions. Creating the cards also helps them turn big ideas into clear, memorable points.

### How you can help:

- encourage cards with one question, definition, theory or concept per side
- try apps like Quizlet or Anki - they let teens build digital cards and track progress
- remind them to shuffle their cards often so they're recalling answers, not just memorising the order.



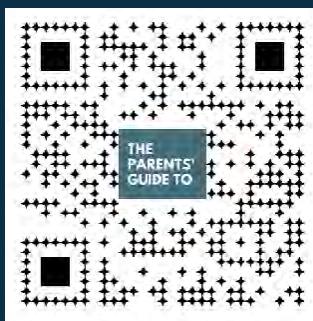
## Don't stop here

There's more support waiting for you!

Join Parent Club for trusted advice and practical support for parents of teens in Years 9-13.

You'll receive regular emails packed with helpful tips, expert guidance, and access to parent guides and live Q&As - all designed to help you support your teen through each stage of the school year.

Scan the QR code or visit [HERE](#) to find out more.





# SIXTH FORM SUBJECT FOCUS: MUSIC

## What will I study?

Do you love singing or playing music? Do you enjoy writing your own songs or creating your own music? Do you enjoy listening to and discussing a wide range of music? Music A-level is the course for you to help to become a confident and creative musician. You will further develop your practical skills through the many performance opportunities we offer. You will also study and analyse a range of music, from symphonies to rock and pop.

## What do students do afterwards?

The majority of our A-level music students have progressed onto music or arts based courses, at university or Conservatoires. We've also had students go on to study a range of other subjects, like maths

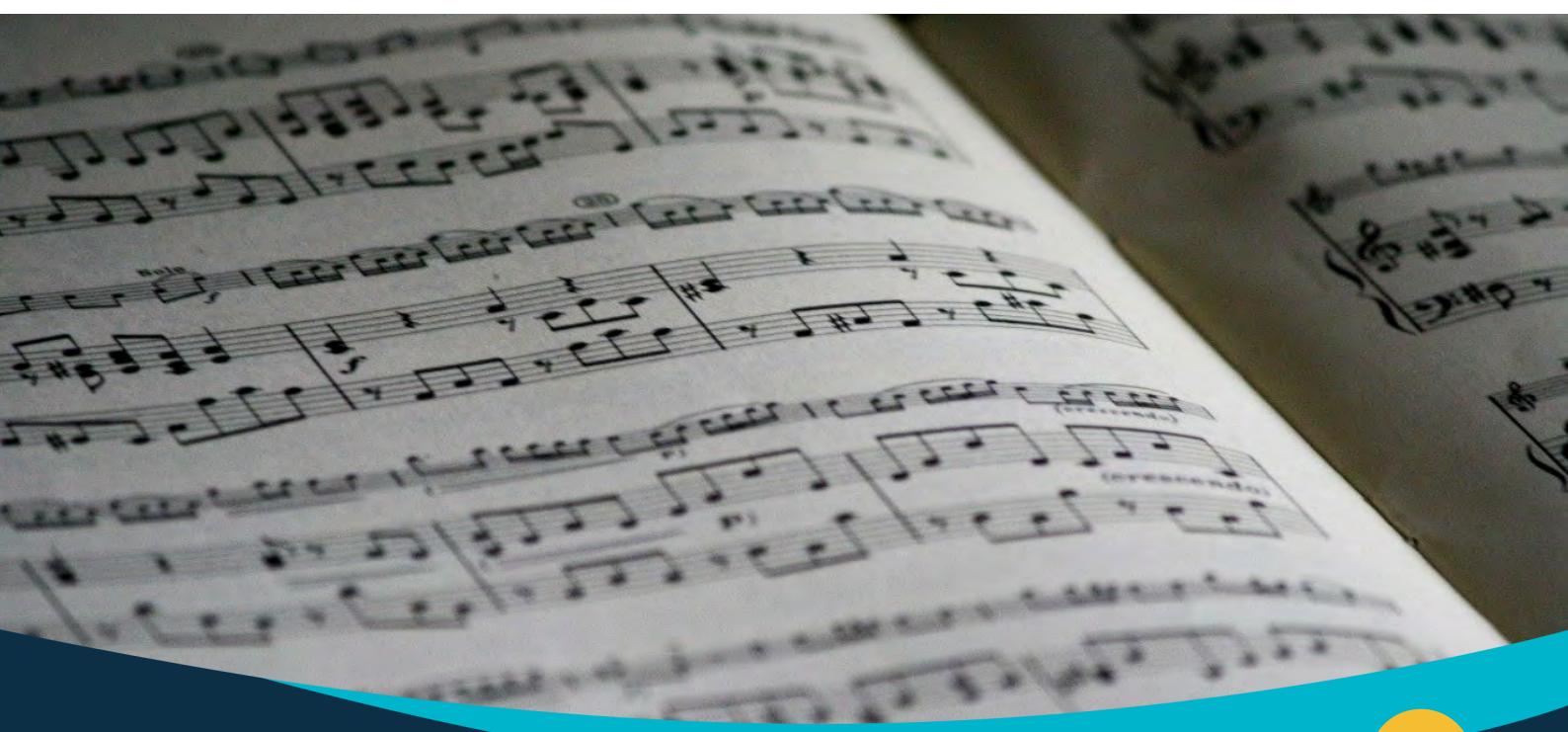
and science. Music A-level is highly regarded by all universities as a subject that is rigorous, both academically and practically.

## How will I be assessed?

30% performance (recital); 30% composition portfolio; 40% exam at the end of the course. Note: At A2, you can choose to specialise in performance (35%).

## What can I do to prepare?

Get involved in as many musical activities as you can - bands, writing and listening to music. Talk to Mrs Beattie or any of the peripatetic teachers or students who have taken the course.





## REVISION FOCUS: GERMAN

Mrs Herbert will invite you to do extra work, as and when needed. Please make the most of this, it's like having a "free" personal tutor!

Learn your speaking questions really well. These will help you with the speaking and the writing exams.

Do the old listening and reading exams which I give you for homework. This is great practice for the real thing.

Complete the "Revision" booklet, which I will give you over Easter. This will revise each of the eight topics.

Complete the CGP Revision Guide (still available from the main office only £7.00). Use the audio tasks - they really help.

Revisit all of your Quizlet sets in your previous Quizlet classrooms.

Do some role-play and photo card practise (for speaking) [HERE](#). This is in the Deutsch/topics sections.

Listen to German speaking:

[GermanPod101](#) - Loads of short video clips related to GCSE themes plus an activity to do at the end, go through the playlist 15 minutes at a time.

Tier: Foundation/Higher.

Watch a German film or watch your favourite shows in German with English subtitles. This will improve your pronunciation.

[Memrise](#) is another good vocabulary learning website. You will need to create an account.





# NOTICES

## WALK and CYCLE to School in Whitby

We are considering safety concerns for pupils WALKING and CYCLING to and from school. Whilst Whitby now has a [Plan for WALKING and CYCLING](#) for the future, we are specifically thinking of how pupils get to/from School, and what can we do to improve things on the routes that are taken.

**What would help you WALK and CYCLE to school?** If you are a parent, answer as if for your child.

*This is a survey run by Whitby and Esk Valley Active Travel, the local charity trying to make WALKING, WHEELING and CYCLING easier for everybody in this area. <https://shorturl.at/7Ft3X>*

## Rail Pupils

We have been informed that the rail line between Middlesbrough and Whitby will be closed for a period of five days for the week commencing **23 February 2026**. No trains will be running at all that week. County have made arrangements to have the rail replacement buses in place to transport pupils from Glaisdale, Lealholm, Egton and Grosmont to and from Whitby School whilst the trains are not running. Normal service will be resumed the week commencing **2 March 2026**.

# What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

## WHAT ARE THE RISKS?

A research study by Ofcom revealed that children aged 9-15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

## POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

## RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

## LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

## IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

## MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

'EVERYONE HAS THAT'

## REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

## Advice for Parents & Educators

### MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

### IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

### SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

### Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



### ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

The National College

#WakeUpWednesday®



## EXTRA-CURRICULAR ACTIVITIES

### MONDAY

- Year 7-8 Football, 12.45-1.15pm (Astro, Airy Hill Site)
- Airy Hill Choir, 12.45-1.15pm (Music Room, Airy Hill Site)
- Year 9 Football, 12.45-1.15pm (Sports Hall, Prospect Hill Site)
- Health and Social Care Intervention, lunch time (N9, Prospect Hill Site)

### TUESDAY

- Year 7-8 Football, 12.45-1.15pm (Astro, Airy Hill Site)
- Airy Hill Band, 12.45-1.15pm (Music Room, Airy Hill Site)
- Year 10 Football, 12.45-1.15pm (Sports Hall, Prospect Hill Site)
- Year 7-8 Football, 3.30-4.30pm (Field/Astro, Airy Hill Site)
- Football Club, 3.30-4.30pm (Field, Prospect Hill Site)
- SEN Homework Club, 3.30-4.30pm (Both Sites)
- KS3 Drama Club, 3.45-4.45pm (Prospect Hill Site)
- Health and Social Care Intervention, 3.30-4.45pm (N9, Prospect Hill Site)

### WEDNESDAY

- Debating Club, lunchtime (Room 3, Airy Hill site)
- Chess Club, 12.45-1.15pm (Library, Airy Hill Site)
- Writers' Club, lunchtime (Prospect Hill Site)
- Year 9 Football, 12.45-1.15pm (Sports Hall, Prospect Hill Site)
- Year 7-8 Netball, 3.30-4.30pm (Courts, Airy Hill Site)

- Year 10-11 Netball, 3.30-4.30pm (Sports Hall, Prospect Hill Site)
- SEN Homework Club, 3.30-4.30pm (Both Sites)
- Whitby Table Tennis Club, 7.00-8.00pm (Gym, Airy Hill Site)

### THURSDAY

- Year 7-8 Football, 12.45-1.15pm (Astro, Airy Hill Site)
- KS4 Racket Sports, 12.45-1.15pm (Sports Hall, Prospect Hill Site)
- Funk Band, 12.45-1.15pm (Music Room, Prospect Hill Site)
- Health and Social Care Intervention, lunchtime (N9, Prospect Hill Site)
- Debating Club, lunchtime (H4, Prospect Hill site)
- SEN Homework Club, 3.30-4.30pm (Both Sites)

### FRIDAY

- Science Sparx, 12.45-1.15pm (R6, Airy Hill Site)
- Year 7-8 Football, 12.45-1.15pm (Astro, Airy Hill Site)
- Games Club, 12.46-1.15pm (R4, Airy Hill Site)
- BTEC Sport Intervention, 12.45-1.15pm (H9, Prospect Hill Site)
- Year 10 GCSE PE Intervention, 12.45-1.15pm (S4, Prospect Hill Site)
- Writers' Club, Lunchtime (H9, Prospect Hill Site)



# KEY DATES

To find out more about upcoming events and visits, please view the Whitby School Calendar.

**Monday 2-Friday 6 February** ..... Hospitality and Catering Practical Exam

**Monday 2-Sunday 8 February** ..... National Storytelling Week 2026

**Monday 2 February** ..... Year 10 Extended Assembly by RAF, 9.00-10.00am  
Year 10 County Basketball Final at York College

**Tuesday 3 February** ..... Year 9/10 to Inspiring Choices Destination Festival at York St John University (x 40 pupils)  
Primary Key Steps 1 Gym, 1.00-3.00pm (Prospect Hill site)

**Wednesday 4 February** ..... Year 9 Dance workshop for those who are interested in taking Dance BTEC next year, 1.30-2.30pm (Prospect Hill site)

**Thursday 5 February** ..... County Basketball Final in York  
U-15 Swimming Gala (Pickering Leisure Centre)  
Year 9 Parents' Evening 1, 4.00-6.00pm (Prospect Hill site)

**Friday 6 February** ..... Cocreate Festival, twelve KS4 musicians at York St John University  
Primary Key Steps 1 Gym, 1.00-3.00pm (Prospect Hill site)

**Mon. 9-Fri. 13 February** ..... National Apprenticeship Week

**Tuesday 10 February** ..... Parent Forum, 4.00-6.00pm (Sixth Form Centre, Prospect Hill site)

**Wednesday 11 February** ..... Year 11 BTEC Dance Assessment, 1.30-3.30pm

**Thursday 12 February** ..... U-13 Swimming Gala (Pickering Leisure Centre)  
Year 9 Girls' Football at Norton College  
Year 9 Parents' Evening 2, 4.00-6.00pm (Prospect Hill site)

**Mon. 16-Fri. 20 February** ..... Half Term Holiday

**23 Feb-6 March** ..... Year 11 Mock Exams

**Monday 23 February** ..... House Cross Country

**Thursday 26 February** ..... Year 8 Netball at Scarborough College, 1.30pm  
Year 9 Rugby at Malton RFC, 2.00pm

**Friday 27 March** ..... Year 11 BTEC Dance Assessment, 1.30-3.30pm

**w/b Monday 2 March** ..... National Careers Week

**Tuesday 3 March** ..... Digital Futures for SEND Learners, 10.40am-12.45pm - Year 8 pupils  
Year 8 County Basketball Final at York College  
Primary Key Steps 2 Gym, 1.00-3.00pm (Prospect Hill site)



Thursday 5 March	World Book Day Eskdale Festival Year 7 District Netball at St Augustine's School, 1.30pm Year 10 Rugby at Malton RFC, 2.00pm
Friday 6 March	Eskdale Festival Primary Key Steps 2 Gym, 1.00-3.00pm (Prospect Hill site)
Monday 9 March	Year 3/4 Hockey Coaching (Airy Hill site)
Tuesday 10 March	Digital Futures for SEND Learners, 10.40am-12.45pm - Year 8 pupils Year 8 Rugby at Malton RFC, 2.00pm Straws Cup Football, 4.00pm (3G Pitch)
Wednesday 11 March	Year 7 County Basketball at York College U-14 Netball reserve date
Monday 16 March	House Football Tournament
Tuesday 17 March	Primary Quick Sticks Hockey, 1.00-3.00pm (Airy Hill site) Year 7 Rugby at Malton RFC, 2.00pm
Wednesday 18 March	U-14 W/R Partnership at Lady Lumley's School Year 10 Six-a-Side Football, 2.00pm (Airy Hill site)
Thursday 19 March	U-12 T1 Rugby at Malton RFU Year 8 Parents' Evening 1, 4.00-6.00pm (Airy Hill site)
Friday 20 March	Primary Quick Sticks Hockey, 1.00-3.00pm (Airy Hill site)
Tuesday 24 March	Year 9 to York St John University for the Making Waves Programme
Thursday 26 March	Year 11 BTEC Dance Assessment, 1.30-3.30pm Year 8 Netball (reserve date) at Scarborough College, 1.30pm Oxbridge Visit for some Year 10 and 12 pupils and students, 2.30-3.30pm (Prospect Hill site) Year 8 Parents' Evening 2, 4.00-6.00pm (Airy Hill site)
Friday 20 March	Primary Cross Country - League 3, 1.45pm (Airy Hill site)
Mon. 30 March.-Fri. 10 April	Easter Holiday
Thursday 16 April	Year 11 BTEC Dance Assessment, 1.30-3.30pm
Friday 17 April	Year 5/6 Cricket at Whitby CC, 10.00am TBC
Tuesday 21 April	Year 3/4 Quad Kids (Airy Hill site)
Friday 24 April	Year 3/4 Quad Kids (Airy Hill site)
Tuesday 28 April	Primary Tennis, 1.00-3.00pm (Airy Hill site)
Friday 1 May	Primary Cricket at Mulgrave CC, 10.00am-3.00pm
Monday 4 May	Bank Holiday
Wednesday 6 May	District Athletics Trials at Scarborough College, 1.30pm



## TERM DATES 2026-27

### Autumn Term 2026

Mon. 7 September	School Opens
Thurs. 22 October	School Closes
Fri. 23 October	Training Day
Mon. 26-Fri. 30 October	Half Term Holiday
Mon. 32 November	School Opens
Fri. 18 December	School Closes
Mon. 21 Dec.-Fri. 1 January 2027	Christmas Holiday

### Spring Term 2027

Mon. 4 January	Training Day
Tues. 5 January	School Opens
Fri. 5 February	School Closes
Mon. 8-Fri. 12 February	Half Term Holiday
Mon. 15 February	School Opens
Fri. 19 March	School Closes
Mon. 22 March.-Fri. 2 April	Easter Holiday

### Summer Term 2027

Mon. 5 April	School Opens
Mon. 3 May	Bank Holiday
Fri. 28 May	School Closes
Mon. 31 May-Fri. 4 June	Half Term Holiday
Mon. 7 June	School Opens
Fri. 23 July	School Closes
Mon. 26 July	Training Day

Two additional Training Days TBC



# MEET THE STAFF

## Senior Leadership Team

Mr D Perry – Executive Headteacher  
Miss J Caddell – Head of School  
Ms S Boyd – Deputy Headteacher  
Mrs J Bradley – Assistant Headteacher (Prospect Hill site)  
Mrs K Mallender – Assistant Headteacher (Airy Hill site)  
Mr A Whelan – Assistant Headteacher (Sixth Form)

## SEND

Mrs H Kirk – SENCo

## Safeguarding

Miss J Caddell – Designated Safeguarding Lead  
Mrs J Bradley – Deputy Designated Safeguarding Lead

## Heads of Year

Mrs A Harrison – Year 7  
Ms D Reddy – Year 7  
Mr A Raw – Year 8  
Ms A Ruberry – Year 9  
Ms J Osowski – Year 10  
Mrs AM Scales – Year 11

## Care & Achievement Coordinators

Miss A Clarkson – Year 7  
Miss E Hutton – Year 8  
Miss K Wilson – Year 8  
Mr D Taylor – Year 9  
Mr D Jackson – Year 10  
Mrs H Ross – Year 11  
Mr J Daley – Year 12 & 13

North Yorkshire and York Music Hub

# ENSEMBLES PROJECT DAYS



**Play an instrument?**

**Love making music with others?**

Come and be part of our Instrumental Ensemble Days

A fantastic opportunity to rehearse, perform, and develop your ensemble skills with other musicians from across North Yorkshire and York in a supportive and welcoming environment.

For more details, email:  
[Countyhall.Music@northyorks.gov.uk](mailto:Countyhall.Music@northyorks.gov.uk)



Ensemble Project Days are **FREE**, & open to all children and young people from North Yorkshire and York above grade 2 on their instrument.

**10am - 3pm**



The Regen Centre  
Landing Lane  
YO19 6PW

North Yorkshire and York Music Hub

# VOCAL PROJECT DAYS



**Love to sing?**

**Want to perform with others?**

Come and be part of our new Vocal Groups

A fun and inspiring space for young and aspiring singers from across North Yorkshire and York to rehearse, learn, and grow together.

For more details, email:  
[Countyhall.Music@northyorks.gov.uk](mailto:Countyhall.Music@northyorks.gov.uk)



Vocal Project Days are **FREE**, & open to all children and young people from North Yorkshire and York in Years 4 to 13

**10am - 3pm**



Escrick C of E Primary School  
Carr Lane  
YO19 6JQ



# THE DANGERS OF FROZEN WATER

## TOP TIPS TO STAY SAFE

### NEVER GO ON THE ICE UNDER ANY CIRCUMSTANCES

This includes attempting to rescue another person or animal who may have fallen through the ice.

### ONLY USE WELL LIT AREAS

Try to take walks in the daylight but if you must walk in the evening, only use well lit areas and avoid anywhere with water.

### KEEP AWAY FROM THE EDGE OF THE WATER

Never go close to the edge or lean over to touch the ice. You may overbalance or trip and fall in.

### ALWAYS WALK WITH AN ADULT OR A GROUP OF FRIENDS

Look out for each other and if someone does fall through the ice there will be others around to raise the alarm and get help.

Every year children are at risk when they are tempted to play on the ice formed on open waters and adults find themselves at risk as they attempt to save them. Over 50 % of ice related drowning involved an attempted rescue of another person or a dog.

Areas with frozen waters can be beautiful to look at but they are also extremely dangerous. Here are some useful tips to help you enjoy these areas safely.

### WHAT TO DO IF YOU FALL THROUGH THE ICE

Keep calm and shout 'help'



Spread your arms across the surface of the ice in front of you

Try to kick your legs and pull yourself out of the water and on to the ice

Lie flat, spreading your weight across the surface and pull yourself to the bank. You may find it easier to roll.

If you cannot climb out, wait for help and keep as still as possible. Keep your head above the water, press your arms by your side and keep your legs together

Once you are safe, it is important that you go to hospital immediately for a check up

### WHAT TO DO IF YOU SEE SOMEONE FALL THROUGH THE ICE

Shout for **'HELP'** and dial **999** or **112** if you can

**DO NOT** walk on to the ice to attempt a rescue

Shout to the person to **'KEEP STILL'** and offer reassurance.

If they are close enough, **LIE DOWN TO AVOID OVERBALANCING** and falling onto the ice, and try to reach them with a tree branch clothing tied together or anything else which can extend your reach.

If you cannot reach them, **SLIDE SOMETHING** which floats across the ice, such as a plastic bottle or a football, so that they can hold on to it to stay afloat whilst help is on the way.

If they are too far away, **WAIT FOR THE EMERGENCY SERVICES** and reassure the casualty from the safety of the bank.

Whitby Literary & Philosophical Society presents

# Mined Over Matter



With Chris Toth of Boulby Underground Lab  
**Talk: 2pm Wednesday 11<sup>th</sup> March**  
 at Whitby Museum, Pannett Park

Tickets £5 non-members (includes cup of tea/coffee),  
 Members Free from museum reception.  
 Tickets can be bought online (booking fee applies)  
 for details <https://whitbymuseum.org.uk/whats-on/>  
 Or scan the QR code

Registered Charity: 171266



HALF TERM ART WORKSHOP  
 17<sup>TH</sup> & 18<sup>TH</sup> FEB 2026

A TRIP AROUND  
 THE WORLD

# Art Carnival

with local artist  
 Nicola Hutchinson

helmsley artscentre



## Whitby SEND Community Fair

Calling all professionals!

Do you run a SEND activity group in the Whitby area? If so, we would like to invite you to a networking event with other local providers. Together, we can explore ways to offer widespread support to SEND families in the Whitby area.

A light lunch and networking will take place from 1:30pm and we will open to the Whitby community from 2pm.

So, if you run an inclusive SEND accessible sports group, arts and craft session, youth group, wellbeing group or any other inclusive group in the Whitby area we would love to offer you a stall at our SEND community event!

Thursday 19<sup>th</sup> March | 1.30pm to 5pm  
 WHISH, St. Hilda's Hub, Waterstead Lane, Whitby, YO21 1PF

Contact:  
 T: 07511 403078  
 E: [amanda@carersplus.net](mailto:amanda@carersplus.net)

**carers  
plus**  
YORKSHIRE



## APPLICATIONS ARE NOW OPEN FOR **JUNIOR BAKE OFF**

Aged between 9-15 and love to bake?  
 We'd love to hear from you!

[WWW.APPLYFORJUNIORBAKEOFF.CO.UK](http://WWW.APPLYFORJUNIORBAKEOFF.CO.UK)



APPLICATIONS CLOSE 15TH MARCH 2026

# 2027 Calendar Photo Competition

# “A YEAR IN NORTH YORKSHIRE”



We're on the lookout for seasonal photos to feature in our 2027 NYY Calendar!

If you're a young person aged 11-19yrs (up to 25yrs with additional needs) why not get involved? Winners will receive a £10 gift voucher and a copy of the calendar.

Photos must represent York or North Yorkshire and can include scenery or street photography – just make sure there are no identifiable faces. Closing date: 31st August 2026

For more information and to enter:  
contact Rachel on **07881 797 716**  
or email **rachel@nyy.org.uk**

T&C's apply – see [www.nyy.org.uk](http://www.nyy.org.uk)

North  
Yorkshire  
Youth

# Speak Out Safely



Designated Safeguarding Lead  
Miss J Caddell



Deputy Designated Safeguarding Lead  
Mrs J Bradley



Mrs K Mallender



Mrs J Robinson



Mr A Whelan



Mrs H Kirk, SENDCo



Whitby  
School



Mr M Taylor, Governor

# FUNK BAND



Whitby  
School

PROSPECT HILL SITE  
THURSDAYS, LUNCHTIME  
IN THE MUSIC ROOM  
BRING YOUR LUNCH

# Airy Hill CHOIR

Mondays,  
Lunchtime  
in the  
Music  
Room



For anyone who enjoys  
singing. Bring your  
lunch and a friend or  
come along and meet  
our friendly singers.



Whitby  
School

# Airy Hill Band



Tuesday  
Lunchtime  
Music Room

Bring a packed lunch.  
For all  
instrumentalists.



KS3 Drama Club  
Year 7 8 & 9  
TUESDAYS  
3:45-4:45pm  
UPPER SCHOOL  
Drama Studio

Opens 30<sup>th</sup> September!